

MEN'S HERBAL TEA

7 Days Bliss Tea

A six-ingredient herbal blend for adults, with a smooth herbal taste and mild natural sweetness. The product page presents it as a caffeine-free option for a daily tea routine.



EACH TEA BAG	PER BOX	NET WEIGHT
8 g	10 tea bags	80 g / 2.82 oz

DECLARED INGREDIENTS

Six botanicals

- Raspberry Fruit
- Schisandra Berry
- Astragalus Root
- Stevia Leaf
- Codonopsis Root
- Jujube Seed

Ingredient names and amounts above follow the current product page. The name '7 Days Bliss' does not change the listed box quantity of 10 tea bags.

CUP CHARACTER & STORAGE

Smooth herbal taste with mild natural sweetness. Keep sealed in a cool, dry place at ambient temperature, as directed on the product page.

PREPARATION & PRODUCT DETAILS

Make it part of your routine

HOW TO BREW

- 1 Place one 8 g tea bag in a cup.
- 2 Add 8 fl oz / 240 ml of hot water at 80-100 degrees C.
- 3 Steep for 5-10 minutes.
- 4 Add honey or lemon if desired and enjoy warm.

These brewing parameters are explicitly published for 7 Days Bliss Tea. Follow the final package if directions differ.

CAFFEINE INFORMATION

The brand describes this as a caffeine-free herbal tea. Check the final ingredient label if you must strictly avoid caffeine or specific botanicals.

PRODUCT-SPECIFIC DOCUMENTS

For available documents relating to this particular product, contact Laicuherb. No certificate belonging to another blend is substituted here.

IMPORTANT INFORMATION

This product is not intended to diagnose, treat, cure or prevent disease. Consult a healthcare professional before use if you are pregnant, breastfeeding, taking medication or managing a health condition. Follow the final product label.

A product information sheet is not a clinical finding, batch test report or certificate.

PRODUCT INFORMATION & DOCUMENTS

[View product page](#)

[Request product documents](#)

[Contact Laicuherb](#)

hello@laicuherb.com

Compiled from this product's published Laicuherb page on 09 October 2026. Refer to the final package and linked page for current information. Website imagery is reproduced without changing its packaging text.