

FOUR-BLEND TEA COLLECTION

Cycle Tea Set

Four individual tea blends in one collection: Ease, Pure, Bloom and Rest. A phase-based approach to your monthly tea routine, with each blend prepared according to its own label.



COLLECTION	IN THE SET	FORMAT
4 blends	31 tea bags	Tea sachets

WHAT IS INCLUDED

Four blends, one collection

Ease Period Comfort Tea

7 bags | Menstrual phase

Pure Energy & Refreshing Tea

7 bags | Follicular phase

Bloom Hormone Balance Tea

7 bags | Ovulation phase

Rest Calm & Sleep Tea

10 bags | Luteal phase

These are separate formulas. Review the individual product labels for ingredients and preparation instructions. The set does not imply a fixed cycle length.

CAFFEINE CLARITY

Pure Tea contains green tea and caffeine. The complete collection is therefore not caffeine-free.

PREPARATION & PRODUCT DETAILS

Make it part of your routine

USING THE COLLECTION

- 1 Choose the blend corresponding to your current phase.
- 2 Follow that blend's final package preparation directions.
- 3 Move between blends as your cycle progresses, not on a fixed calendar.
- 4 Check individual ingredient lists and your own caffeine sensitivity.

The website's phase guide is a routine concept, not a method of diagnosing or predicting ovulation.

FLEXIBLE START

You can begin with the blend for your current phase rather than waiting for the start of another cycle. Timing varies between individuals.

INDIVIDUAL DOCUMENTS

Quality documents apply to their stated products and scopes. This collection is not presented as having a separate set-level certification.

IMPORTANT INFORMATION

This product is not intended to diagnose, treat, cure or prevent disease. Consult a healthcare professional before use if you are pregnant, breastfeeding, taking medication or managing a health condition. Follow the final product label.

A product information sheet is not a clinical finding, batch test report or certificate.

PRODUCT INFORMATION & DOCUMENTS

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