MENSTRUAL-PHASE HERBAL TEA

Ease Period Comfort Tea

A warm cup. A slower moment.

A seven-botanical herbal blend for a menstrual-phase tea routine, combining sweet fruit notes, a warm herbal character and gentle florals.



FORMAT	EACH SACHET	PER PACK
Herbal tea sachets	8 g	7 tea bags

DECLARED INGREDIENTS

Seven botanicals

- Longan
- Wolfberry
- Dried Ginger
- Peony Petal
- Red Dates
- Angelica
- Pingyin Roses

Common ingredient names follow the published product page. For the latest ingredient declaration, refer to the final package label.

CUP CHARACTER

Fruit sweetness from longan and red dates; warm herbal notes from ginger and angelica; soft florals from rose and peony.

PREPARATION & PRODUCT DETAILS

Make it part of your routine

HOW TO BREW

1. Place one Ease Tea sachet in a cup.
2. Pour freshly boiled water over the sachet.
3. Steep according to the directions on the product packaging.
4. Enjoy warm. Adjust steeping time to your preferred strength.

Follow the final package directions if they differ from these general steps.

WHEN TO ENJOY

Designed for the menstrual phase. Follow the final package instructions and your own cycle-tracking information rather than a fixed calendar.

CAFFEINE INFORMATION

The declared formula lists no green or black tea. If you must strictly avoid caffeine, check the final package label or contact Laicuherb before use.

IMPORTANT INFORMATION

This tea is not a substitute for medical diagnosis or treatment. Consult a healthcare professional if menstrual pain is severe or persistent, or before use if you are pregnant, breastfeeding, taking medication or managing a health condition.

These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT INFORMATION & DOCUMENTS

View the Ease product page

View product quality documents

Contact Laicuherb

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Compiled from Laicuherb's published product page on 09 October 2026. This sheet is a product overview, not a batch test report or certification. Refer to the final package and linked product page for the latest information.